

	Frequency Band (MHz)	Power	Channel Width	Modulation
A	36,000 - 36,800 37,000 - 37,200 37,800 - 38,000 38,200 - 38,400 38,600 - 38,800	10 mW e.r.p.	200 kHz	*1
B	37,480 - 37,600	10 mW e.r.p.	50 kHz	*1
C	87,5 - 108	50 nW e.r.p.	200 kHz	*3
D	195 - 202	50 mW e.r.p.	200 kHz	*2
E	470 - 556 MHz 558 - 564 MHz 566 - 572 MHz 574 - 580 MHz 582 - 588 MHz 590 - 596 MHz 598 - 604 MHz 614 - 694 MHz	50 mW e.r.p.	600 kHz	*2
F	736 - 753	50 mW e.r.p.		
G	823 - 826	20 mW e.i.r.p. for handheld equipment 100 mW e.i.r.p. for equipment worn on body		
H	826 - 832	100 mW e.i.r.p.		
I	863 - 865	10 mW e.i.r.p.		
J	1785 - 1805	20 mW e.i.r.p. for handheld equipment 50 mW e.i.r.p. for equipment worn on body		

*1 Phase or Frequency Modulation or Amplitude Modulation (AM) with Constant Carrier

*2 Frequency Modulation (FM) or a similar constant carrier modulation technique such as GaussianFilteredMinimumShiftKeying (GMSK) or GeneralizedTamedFrequencyModulation (GTFM)

*3 Frequency Modulation

Source (01-01-2020):

<https://www.agentschaptelecom.nl/onderwerpen/microfoons---draadloos-gebruik-en-frequenties/totaaloverzicht-frequenties-voor-draadloze-microfoons>